Child Life Practicum Program: South Africa

March 30 - April 24, 2020

Application Due Date: Dec 16, 2019



Red Cross Children's War Memorial Hospital, a freestanding pediatric public hospital, serving children from Sub-Saharan Africa

- 1. Title of program: Child Life Practicum Program: Cape Town, South Africa
- 2. 100 120 hour Practicum (4 weeks)
- 3. Program dates: March 30 April 24, 2020
 - 4 weeks (not including travel)
- 4. Child Life United in partnership with the volunteer services of Red Cross Children's War Memorial Hospital

The 4-week practicum will provide students the opportunity to engage in independent play and developmentally supportive interventions with infants, children, youth and families at Red Cross Children's War Memorial Hospital, a freestanding pediatric public hospital, serving children from Sub-Saharan Africa.

There will also be medical home visits and community health work exposure.

Child Life United practicums follow and cover all 6 standards recommended by the Association of Child Life Specialist (as stated below).

Child Life Practicum

The Child Life Practicum is designed as an introductory experience for individuals interested in pursuing a career in child life. Through experiential learning and observation of Certified Child Life Specialists, child life practicum students begin to increase their knowledge of basic child life skills related to play, developmental assessment, and integration of child life theory into interventions with infants, children, youth and families. Child life practicum students will increase their comfort level by interacting with infants, children, youth, and families in stressful situations, health care settings and/or in programs designed for special needs populations. Through these experiences, child life practicum students

Child Life Practicum Program: South Africa Spring 2020

will enhance their knowledge of the child life profession and investigate the process of applying child life and developmental theory to practice.

Child Life Practicum Recommended Standards by the Association of Child Life Specialist

(http://childlife.org/StudentsInternsEducators/PracticumStudents.cfm)

While the Association of Child Life Specialist (ACLP) does not require specific practices or protocols for child life practicums at this time, and child life practicums are not currently accepted to establish eligibility for the Child Life Professional Certification Examination, ACLP encourages child life practicum programs to follow these recommendations set forth in 2013 by the ACLP Practicum Task Force:

Standard #1: The child life practicum is largely an observational experience with child life practicum students beginning to engage in independent play and developmentally supportive interventions with infants, children, youth, and families as deemed appropriate by the supervising CCLS.

<u>Standard # 2</u>: The child life practicum student will be supervised by a Certified Child Life Specialist (CCLS) who has achieved a minimum of 2,000 hours of paid work experience as a child life specialist. The supervising CCLS must be currently practicing in the field of child life; however, the setting of the child life practicum could vary.

Standard #3: The child life practicum encompasses a minimum of 100 supervised hours. The child life practicum experience may include a combination of practicum hours being completed in no more than two different settings given each setting builds upon and strengthens a child life practicum student's continual development and growth as a child life specialist.

Standard #4: Child life practicum hours should be completed in an appropriate setting that provides the child life practicum student with the opportunity to observe and learn from psychosocial interventions that assist infants, children, youth and families experiencing health related or stressful situations. Approved settings can include:

- Hospitals / Medical Centers
- Therapeutic, medical or health related camp settings
- Hospice, grief, or support centers
- Rehabilitation settings

<u>Standard #5</u>: The child life practicum includes observation opportunities for students to explore the following theory and interventions related to child life practice:

- Child life assessments
- Developmental theory integration
- Therapeutic play interventions
- Rapport building

Child Life Practicum Program: South Africa Spring 2020

Standard #6: The child life practicum learning experiences include activities and assignments which allow the child life practicum student to begin to apply and integrate knowledge and theory application for future clinical practice and help to initiate the development of a personal philosophy of child life practice. These learning assignments should include:

- Journaling
- Educational In-services and Discussions
- Specific and Structured Readings

Logistics and Fees

Travel itinerary:

Official Program Dates: March 30 - April 24, 2020 (4 weeks – 100/120 practicum hours)

Travel from the student's home country: It is advised that students arrive in country, no later than the Saturday before the start date. This is to allow for a rest day.

(Extended Travel: If you would like to extend your travel, please do so after the program is complete)

Medical and Travel insurance will be required.

Cost

| Sel | l£ | Eur | ded |
|-----|-------|-----|--------|
| ->- | ı I — | СПП | 171471 |

Each student will be responsible for self-funding their travel, food, sightseeing during free time and accommodation.

Medical and Travel insurance

Service Agreement Fee

Practicum supervisors transportation and accommodation, practicum course work, 1:1 practicum supervision, focused educational experience, administrative cost.

Program cost: \$2,500

Accommodation

Students are required to find your own accommodation, however once participants are accepted. Child Life United will connect students if they wish to plan accommodation as a group.

Transportation

Students are required to purchase their own airplane ticket to and from Cape Town, South Africa.

Students are responsible for your own transportation while in Cape Town, South Africa.

Uber is available and encouraged for transportation once in Cape Town.

Application Process

Applications are Due December 16, 2019

Application is located on the Child Life United website

www.childlifeunited.org

Direct all questions to Child Life United

info@childlifeunited.org

morelandccls@gmail.com

(512) 771-3548

International travel makes web based communication more reliable

(Imessage, WhatsApp, Facebook or LinkedIn messenger or email)



Sara Snuggerud, CCLS

Clinical Supervisor

I have lived in Minnesota my whole life with a brief stint living in Chicago for college. My undergrad is in Psychology and I worked with children at several different jobs before finding out about child life. I interned at Children's MN and have been a Certified Child Life Specialist for almost 4 years. I work as a CCLS at 2 different hospitals. One is at Children's MN as a Float, meaning that I get to cover over 25+ areas. I love the position because every day is a new challenge and I get to interact with a lot of different staff, patients, and families on all units! My other job is at Hennepin Healthcare which is the safety-net hospital in Minneapolis. This brings a whole new set of challenges working in an adult hospital and constantly advocating for the tiniest patients!

Child Life Practicum Program: South Africa Spring 2020

Outside of work, you will find me playing chase with my dog and doing any activity that gets me outside. I also love to travel. I was lucky enough to study abroad in Cape Town during college and absolutely fell in love with the city and the people there. I am so excited to be returning to continue to learn and experience what the city has to offer!